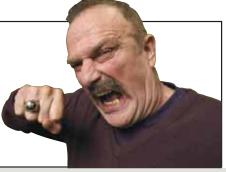
'The good, the bad, the ugly and the

metroNEWS



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ttawa HITCHBOT MAY

Your essential daily news | TUESDAY, AUGUST 4, 2015

High 24°C/Low 13°C Mainly cloudy 😗 🕕



The Circus Firemen (Matilda and Angus) from Melbourne, Australia, perform their fire club juggling finale in the shadow of the Peace Tower Monday for the city's Buskerfest. The Firemen's next stop is Edmonton. More in metro NEWS. MIKE CARROCCETTO/FOR METRO

Suspects shoot

Man remains in critical condition



Steve Rennie Metro Ottawa

Ottawa police are investigating a weekend shooting in the city's south end.

A 27-year-old man was shot in the chest around 7:30 p.m. Sunday in the parking lot area of Brookfield High School, near the Airport Parkway and Riverside Drive.

He was rushed to the Civic Hospital, where he remained Monday in critical condition as of press time.

Police have so far released few details about the shooting. It's not known if the shoot-

ing was gang-related. Both the major crimes and the guns and gangs units are

involved in the investigation. This is the 22nd shooting in Ottawa so far this year.

No one had been arrested Monday. Police are searching for multiple suspects.

The emergency services unit gathered Monday at Brookfield High School to search for evidence.

Officers clad in bright yellow vests combed the area for clues.

The lone car in the parking lot — a grey Mazda 6, which had been cordoned off by police tape — was towed away overnight.

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Your essential daily news

Research links genetic anomalies with cerebral palsy. Canada

Meet your candidates

The federal election campaign is now underway. Here are the candidates in each of Ottawa nine's ridings, along with their Twitter handles so you can follow them on the cam-

paign trail. STEVE RENNIE METRO

Carleton



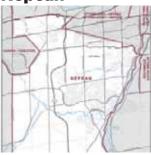
Pierre Poilievre (Conservative) @PierrePoilievre **Chris Rodgers (Liberal)** @VoteChris2015 **KC Larocque (NDP)** @kclarocque **Deborah Coyne (Green)** @DebCoyne

Kanata-Carleton



Walter Pamic (Conservative) @WalterPamic Karen McCrimmon (Liberal) @karenmccrimmon John Hansen (NDP) @JohnHansenNDP **Andrew West (Green)** @greenandrewwest

Nepean



Andy Wang (Conservative) @andywang_ca Chandra Arya (Liberal) @ChandraNepean The NDP has not yet nominated a candidate Jean-Luc Cooke (Green) @VoteJeanLuc

Glengarry-Prescott-Russell



Pierre Lemieux (Conservative) Does not have a Twitter account Francis Drouin (Liberal) @Francis_Drouin Normand Laurin (NDP) @NLaurinNDP The Green party has not yet nominated a candidate

Ottawa Centre



Damian Konstantinakos (Conservative) @votedamiancpc **Catherine McKenna (Liberal)** @cathmckenna Paul Dewar (NDP) @PaulDewar Tom Milroy (Green) @TomMilroyGPC

Ottawa South



Dev Balkissoon (Conservative) @BalkissoonDev David McGuinty (Liberal) @DavidMcGuinty George Brown (NDP) @GeorgeBrownNDP John Redins (Green) @JohnRedins

Ottawa-Vanier



@DavidPiccini Mauril Bélanger (Liberal) @Mauril_Belanger The NDP has not yet nominated a candidate The Green party has not yet nominated a candidate

David Piccini (Conservative)

Ottawa West-Nepean



@AbdulAbdi6 **Anita Vandenbeld (Liberal)** @anitavandenbeld The NDP has not yet nominated a candidate The Green party has not yet nominated a candidate

Abdul Abdi (Conservative)

Orléans



Royal Galipeau (Conservative) @GalipeauOrleans **Andrew Leslie (Liberal)** @_andrewleslie Nancy Tremblay (NDP) @OrleansNDP

The Green party has not yet nominated a candidate

Green, NDP candidates still wanted

Ottawa candidates wasted no time hitting the hustings this weekend after Prime Minister Stephen Harper kicked off the longest federal election campaign in modern history.

The 78-day campaign — the longest since 1872 — will test the mettle of wannabe politicians and, perhaps, the patience of voters. From now until people finally cast their ballots on Oct. 19, all of the major parties will be carpet-bombing the airwaves with ads, clogging mailboxes with pamphlets and tapping into their powerful voter information databases for anything that might give them an edge on their opponents.

Some local candidates got started just hours after Harper went to Gov. Gen. David Johnston on Sunday morning to dissolve Parliament.

NDP incumbent Paul Dewar spent the weekend in Ottawa Centre cleaning out the campaign headquarters on Somerset Street, including setting up the website and phones.

Others were slower getting out of the gate. Some voters will have to wait a while longer to find out who will be running for the NDP and the Green party in their ridings.

The New Democrats have not yet nominated candidates in Nepean, Ottawa Vanier and Ottawa West-Nepean.

The Green party, meanwhile, does not yet have candidates nominated in Orleans, Ottawa-Vanier, Ottawa West-Nepean and Glengarry-Prescott-Russell. STEVE RENNIE, HALEY RITCHIE/METRO

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NEWS Tuesday, August 4, 2015

Jake the Snake slithers into dark corners of his career



Jake (The Snake) Roberts brings his Unspoken Word tour to Yuk Yuk's. CONTRIBUTED

Wrestling legend brings his storytelling tour to town



Trevor Greenway Metro | Ottawa

There's nothing funny about getting smashed in the face with a guitar, sustaining a brutal neck injury and cracking a few ribs unless you're Jake (The Snake) Roberts.

One of the most revered wrestlers to ever grace a World Wrestling Federation (now World Wrestling Entertainment) ring is hitting the road. He's touring the country with his latest comedy tour and enlightening fans on the backstage antics and shenanigans that went on during his 40-year wrestling career.

They're stories that aren't exactly for the lighthearted: drug abuse, backstage strippers and Andre the Giant expelling flatulence while performing his signature sit-down splash move.

"He would sit on me in the match and fart - it was pretty brutal," says Roberts on an offevening from his cross-country Unspoken Word tour. "Giants fart for a long time. It lasts for, like, 30 seconds, too."

Roberts says the show is more of a storytelling night than a comedy routine, and the stories aren't all about silly pranks from the locker-room or hilarious wrestling gaffes that audiences never saw.

The conversation usually goes a bit deeper, into the dark history of Roberts' career: the drug and alcohol abuse, devastating injuries and slow self-destruction he inched closer and closer

Roberts took a beating in the ring, breaking his sternum twice, having part of his left foot removed and hearing the crack of his fingers on several occasions.

But the worst, he says, was when the Honky Tonk Man attacked him during an interview segment in 1987. The guitar smash sent Roberts to the ground, flailing and legitimately hurt.



There are a lot of things that I should have taken better care of, but I didn't. I got cracked in half and didn't even take a day off.

Jake (The Snake) Roberts

"When I was a kid, there was a lot of bad things happening," says Roberts. "When I walked into a room, I had to pick out my friends real quick and find which place was safe and which place wasn't.

"I didn't think I was going to make it."

But he did. Roberts has been sober almost four years, and says he feels "pretty damn good about myself."

Mentally, yes — but it would be surprising if the famed wrestler, who took on guys like Hulk Hogan, the Million Dollar Man Ted DiBiase and the Undertaker often with his python Damien draped around his neck - could say the same about his physical body.

"It all adds up, man," Roberts says. "There are a lot of things that I should have taken better care of, but I didn't. I got cracked in half and didn't even take a day off. It was pretty crazy back in the day."



SHOWTIME

Roberts brings his storytelling show to Ottawa's Yuk Yuk's on Wednesday and Thursday, and warns fans to expect "the good, the bad, the ugly and the

- Showtime is 8:30 p.m.
- Tickets are \$33.90.



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Miss A In A Bubble contorts her body during a performance of Spiegelworld's Empire. The show runs almost daily until Aug. 23. courtesy tandem photography

w is burlesque on acid

ENTERTAINMENT

Spiegelworld's **Empire has** been dropping iaws worldwide



Oscar the impresario didn't plan on losing everything in the 1929 Wall Street Financial crash, but he did have a plan to rebuild his empire.

The variety show host quickly gathered all of his eccentric New York Friends — showgirls, contortionists, burlesque dancers and circus performers and stuffed them all in a circular mirrored tent with velour drapes and bizarre décor. His plan was to rebuild his empire with weird, quirky and naughty variety shows that pushed the envelope.

Did it work?

This is the story of Spiegelworld's Empire - the highflying burlesque, comedy and circus show that has uprooted from its home in the "heart of Broadway" in New York City

and propped its Spiegeltent in the south court at Lansdowne Park for the next month.

The show is coming on the heels of acclaimed sold out seasons in New York, Australia and Japan, and it's leaving audiences everywhere with sore jaws.

"It's the proximity the audience is to the performer and the uniqueness of the acts," says Matt Morgan, who plays Oscar in the 90-minute show. Some of those unique acts include a "3D graffiti guy" who balances a series of sticks on a feather and a roller-skating acrobatic performance.

"The acts are unique and they

are amazing and you are so close to it, you see the mechanics of it all. I think the comedy pushes the envelope a little bit. It's a bit funny and naughty and quite unique.'

Part of what makes Empire so impressive for audiences is how close they are sitting to the performers. Morgan says audience members could reach out and touch a dancer if they wanted to, although there are disclaimers about doing this, as you may get kicked in the head by a spinning roller skate.

"You are in it. You're not watching it," he adds.

The show does pay homage

to the rougher, edgier New York burlesque shows of the early 1900s, but Empire goes a bit further, spinning burlesque dancers into a whirlwind of circus-ry that will make your jaw hit the floor. There's a "half-naked Asian dude" wearing pigtails who does God knows what; there's a Lime Green Lady and Carrot Man and Miss A In A Bubble, who seduc-

tively contorts into shapes you never thought humanly possible while spinning above in a transparent sphere.

It's 1920s burlesque, on acid. 'We are a little bit slicker and a little bit smarter and just a little bit more contemporary

and modern," says Morgan.

"The burlesque component, there is definitely some sexy ladies walking around in their underwear, but they are also doing handstands on top of each other's heads upside down, so there is a lot more circus to it than just girls prancing around in their underwear.'

Will Oscar wow enough people to gain his notoriety back as one of the greatest variety show hosts on the planet?

You'll have to drop by the Spiegeltent over the next month to find out.

Spiegelworld's Empire runs almost daily until Aug. 23.

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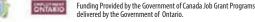












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Ottawa | metr

NEWS Tuesday, August 4, 2015

Final financial frontier

EMERGING MARKETS

Feds keeping close eye on privatization of space travel



Michael Woods Metro | Ottawa

The increasing privatization of space travel could be good news for Canadian companies, and a newly released document shows the federal government is keeping an eye on it.

An April briefing note to outgoing Industry Minister James Moore notes that NASA's increasing reliance on private companies to provide launch spacecraft could open opportunities for Canadian companies to participate in the space agency's launches.

'NASA's increasing reliance on the private sector for its crew and cargo launch systems could represent opportunities for Canadian companies who are heavily integrated in U.S. space supply chains," says the



The SpaceX Falcon 9 rocket and Dragon spacecraft lifts off from Space Launch Complex 40 at the Cape Canaveral Air Force Station in Cape Canaveral, Fla., in June. The federal government believes Canadian business can benefit from private space travel. JOHN RAOUX/THE ASSOCIATED PRESS

document.

Metro obtained the briefing note under the Access to Information Act.

The 2011 retirement of NASA's space-shuttle program marked the beginning of an increased commercial role in the agency's space program, the document says. For example, NASA now depends on the Russian Soyuz to transport crew to the International Space Station.

Meanwhile, Boeing and

SpaceX are developing new manned spacecraft, and SpaceX and Orbital won a contract in 2012 to provide cargo launch services for NASA.

This "major shift" is making the space marketplace more

NASA's increasing reliance on the private sector ... could represent opportunities for Canadian companies.

Federal document

competitive and accessible, the document notes, which is good news for Canadian companies.

For example, Richmond, B.C.-based MDA is part of a consortium of space companies providing parts for the "Dream Chaser," a new space plane that would carry up to seven people to and from low earth orbit.

"Other Canadian companies like ComDev may also be potential component or sub-system providers," the note says.

While Canada lacks launch capability of its own, Canadian industry and the Canadian Space Agency have long been key players in NASA's space program and the International Space Station.



🛑 IN BRIEF

Young man arrested for 'fornicating' with the **National War Memorial**

Ottawa police have arrested a 22-year-old man who climbed on the National War Memorial.

Bystanders spotted the man clambering up the statue around 11:30 p.m. Sunday. Police say the man began "fornicating" with the statue. He was arrested and made a court appearance Monday.

The war memorial is where Michael Zehaf Bibeau shot and killed Cpl. Nathan Cirillo as he was on sentry duty last Octo-

Woman in wheelchair struck, killed by car

A woman in a wheelchair has died after being struck by a car in the city's east end.

Ottawa police say the 60-year-old woman was hit Sunday night near the intersection of Montreal Road and Elwood Street.

She died at the scene. Police say alcohol was not a factor in the collision. The investigation continues. METRO



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ROMAN CUP ON HIS WAY TO NATIONALS Malik Bhatnagar plays in the Roman Cup at the Ottawa Athletic Club on Monday. Bhatnagar, who defeated Sasha Pachnev in the final 6-0, 6-0 to capture the Roman Cup U-16 class, needed to win to qualify for the nationals later this month in Gatineau. Bhatnagar was the only local player to win his or her class, according to organizers. MIKE CARROCCETTO/FOR METRO

metr®NEWS Ottawa Tuesday, August 4, 2015

TOURISM A PEEK AT PARLIAMENT Tourists flocked to Parliament Hill on Monday's civic holiday, hoping to avoid the rain and get tickets for a parliamentary tour. The lineup stretched around the tourism building, a block and a half down Wellington Street. Other visitors took in the changing of the guard and the lighting of a Parapan Am Games torch. HALEY RITCHIE/METRO

Ottawa cabbies begin job action

LABOUR

Union says strike targets company, not customers



Haley Ritchie Metro | Ottawa

Ottawa taxi drivers are now on strike — but the job action will affect the cab companies and not passengers.

Union president Amrik Singh said drivers feel as if they're being taken for a ride by Coventry Connections, the company that owns the Blueline and Capital taxi services.

"Our expenses are too high. Our income has gone down because of illegal competition and we want the taxi companies to share some of our pain," he said.

Singh said that unlike drivers, who have seen their prof-

its slip away after Uber began picking up passengers, the cab companies have been taking in the same amount of money each month.

That's because the company charges drivers a flat rate of around \$15 a day, regardless of how much the cab drivers make beyond that.

"These taxi companies are recession-proof. It doesn't matter what the cab driver makes or doesn't make, their income is guaranteed." said Singh. "We're saying if we're making money we'll give you money. If not, then you have to share."

In a news release issued last week, Hanif Patni, the president of the taxi company, said the company has offered drivers temporarily lower fees to try and deal with the problem. He said Coventry is just as frustrated by Uber as the drivers are.

No one at the company could be reached for further comment on Monday.



We want the taxi companies to share some of our pain.

Union president Amrik Singh

Singh said the drivers want lower fees in the contract, something that could be renegotiated in three years if things improve. They also want a permanent solution to the problem of high-tech competitors, including a new dispatch system connected to a consumer app.

a consumer app.

"(Coventry Connections)
have an app, but it's not
working properly," said

Singh said the cab drivers are ready to return to bargaining whenever the company is ready. In the meantime, they'll be withholding daily fees but continue to service Ottawa stands.

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8 Tuesday, August 4, 2015 Ottawa | metr@NEWS

Caden Kahat from Chelsea, Que., looks at the Indiana Jones-esque Lego set his parents bought from the Lego 4 CHEO event held in Chapman Mills on July 25. The sale, in support of CHEO, celebrated Mark Valcour, a Lego enthusiast who died in January. ADAM KVETON/METROLAND MEDIA

Lego collection sold in 2 hours

LEGO 4 CHEO

Mark Valcour's massive set raised \$5,303 for hospital

Megan DeLaire Metroland Media

A one-day sale of Lego has raised \$5,303 for the Children's Hospital of Eastern Ontario (CHEO), as well as the spirits of Mark Valcour's family and friends.

Before his sudden death in January at 60, the Nepean man had big plans for his 68-kilogram collection of Lego. Valcour — a long-time radio broadcasting instructor at Carleton University — was

an avid Lego engineer.

At the time of his death he had begun work on a massive Lego space-themed city he'd de-

signed from scratch. His plan was to donate the completed city to CHEO. As a child born with a muscular congenital disorder, he became well acquainted with hospital rooms growing up, with medical stays often lasting for weeks.

After he died unexpectedly, but peacefully, at home and in his sleep on Jan. 7, Valcour's close friend Valerie Kekanovich discussed donating his collection to CHEO with his family. She decided not to finish construction on the space city.

"There's no way we would have ever been able to bring justice to his vision," Kekanovich said.

Instead, she planned to disassemble it and donate the components. But before she could do that, she learned that CHEO could not accept the Lego, due to safety and sanitary reasons. She knew she wanted to do something positive with the Lego, but didn't know what.

That's when Karen Fraser entered the equation.

Fraser and Kekanovich are co-workers. Fraser's husband Darren Gauthier happens to construct Lego sets as a hobby. When Fraser learned that Kekanovich was looking for help finding a worthy use for Valcour's Lego, she offered to lend a hand. In early July, the entire collection was delivered to Fraser and Gauthier's home in 25 tubs.

No one could ever tell Mark he couldn't do something ... Well, you could tell him, but you'd be wrong.

Valerie Kekanovich

Included in the collection were 325 minifigures, and 27 Lego sets spanning from 1985 to 2015. The components of those sets were scattered throughout the collection.

Valcour, a scratch builder, preferred to ignore the instruction manuals that came with each set and use the components he needed to build his original creations. According to Kekanovich, he had mastered the art of thinking outside the box.

"He was never one to follow guidelines or instructions just because they were there," she said. "He'd do it sometimes because it's the right thing to do, but he knew there are other things that you can do if you think of them and if you try."

That was the attitude that got him through numerous extended hospital stays as a child in an era before handheld electronic devices, and it was with that sentiment that he wanted to give CHEO's patients something to occupy their time, and their minds.

"No one could ever tell Mark he couldn't do something," she said. "Well, you could tell him, but you'd be wrong."

So beginning in early July, Fraser, her husband, friends, family and volunteers from the neighbourhood spent the three weeks sorting through the massive collection. They sorted the pieces for each set — which Gauthier then built —

in preparation for a one-day Lego sale at the couple's home on July 25.

Although the Lego itself could not go to CHEO, their hope is

that CHEO will use the proceeds of the sale for something to benefit its young charges.

Although Kekanovich, Fraser and Gauthier could not fulfil Valcour's original plan for his Lego collection, Fraser, who never met Valcour before his death, thinks he would be pleased with the outcome anyway.

"I hope he's pleased that we raised an awful lot of money for CHEO. I hope he's pleased that all of these people are now playing with and enjoying and building and being creative with his Lego."



BUSKERFEST

A bit of the circus comes to city



Haley Ritchie Metro | Ottawa

Artists brought the circus to the city over the long weekend, preforming unusual sights and sounds at Ottawa's weekendlong Buskerfest.

"It's the only art where you can see really high-level stuff available to anybody," said Toronto-based PAZ, who preformed his hockey-themed circus show on Monday, complete with juggling flaming hockey sticks.

"Someone who's homeless can come to your show and see really great stuff, but someone who would pay a hundred dollars to see Cirque du Soleil will enjoy it as well," he said.

The celebration drew a wide crowd of both locals and tourists.

"It's a great day to be out with the family, really entertaining," said Jeff Mondoux, who watched the show with his wife and two daughters.

His seven-year-old's feedback to the organizers?

"I like the fire!"



Someone who's homeless can see really great stuff, but someone who would pay a hundred dollars to see Cirque du Soleil will enjoy it as well.

Toronto-based artist PAZ

metr

NEWS | Canada Tuesday, August 4, 2015

Canada will be at trade talks: Harper

TRANS-PACIFIC PARTNERSHIP

PM promises election campaign won't interfere

It's a campaign promise of a different sort: Stephen Harper says he won't let his marathon ballot battle keep Canada out of a massive international partnership billed as the backbone of future global trade in the Pacific Rim.

Talks to establish the longpromised 12-country Trans-Pacific Partnership will continue and Canada will be there, Harper promised — notwithstanding the protracted 11-week election campaign triggered by the prime minister himself.

The partnership, "should it be concluded, will in our view form the fundamental trading network of the entire Asia-Pacific region," he said during a cam-

paign stop in Laval, Que., north of Montreal.

"It is important that Canada remain at the table; we will remain at the table during this election campaign ... and we will make sure that should there be a deal, we will get the best possible deal for this country."

New Zealand officials told The Canadian Press last week that the talks likely wouldn't wait until after the campaign — a sentiment echoed in media reports Monday by John Key, Harper's New Zealand counterpart.

Taking questions on the first full day of the campaign, Harper said negotiators would continue to defend Canadian interests, notably the country's supply management system, which protects dairy producers.

Officials say last week's talks in Hawaii came close to reaching a deal — indeed, sources said the Conservatives were hoping to make an agreement a central feature of the party's campaign kickoff on Sunday.



Prime Minister Stephen Harper gets instructions on how to operate a machine that puts the finishing touch to a radiator. He was touring an industrial parts manufacturing plant Monday in Laval, Que. PAUL CHIASSON/THE CANADIAN PRESS

Canada had offered to allow more dairy imports, but the offers were far from what New Zealand and Australia were asking for, officials said. Dairy-market access was one of several

sticking points at the 12-country negotiations.

The Canadian economy remained a central theme of the Tory tour Monday.

THE CANADIAN PRESS

HITCHBO

Creators mull rebuild after robot destroyed

The friendly Canadian hitchhiking robot that met its untimely end on the hard streets of Philadelphia might be given another chance at life.

HitchBOT's co-creators said they have been overwhelmed with support and offers to revive the child-sized robot since it was destroyed early Saturday and they are considering rebuilding it.

The robot was on a hitchhiking adventure in the U.S. after successful ventures in Canada and parts of Europe that saw strangers help hitchBOT travel from place to place while checking items off its bucket list.

This time, hitchBOT was dismembered before it could complete its goals — which this time included taking a selfie with the Hollywood sign and seeing the house from Pixar's "Up."

Frauke Zeller of Ryerson University and David Smith of Mc-Master University created hitch-BOT and kept its adventures going as a social experiment with a number of their students.

Zeller said many people have reached out with offers to rebuild hitchBOT, and her team will make a decision on whether or not they will bring the robot back to life in coming days.

"We were taken quite by surprise because it's been going so well so far," she said.

"We don't really know what to do, so we have to sit down with the whole team and really see where we are and what can be done."

She said she knows the news has been heartbreaking for many of hitchBOT's fans, children and adults alike. Since word got out, thousands of supporters have taken to social media to express their sadness and outrage: "I am incensed. I hope the perpetrators are found and punished. Long live the good memories. Hope to see you reincarnated soon!" wrote one Twitter user.

"If I could drive, I would have personally helped you across the USA and kept you safe," added another. Smith said the robot's destruction is the exception to "many, many" unsupervised encounters that hitchBOT has had with strangers. "We've always asked, in the context of this project: 'Can robots trust humans?" Smith said. "And, you know, we would say at this point, mostly."

SCIENCE

Genetics cause some cerebral palsy: Study

Cerebral palsy, the most common cause of physical disability in children, has long been thought to result from brain injury in the fetus. But new Canadian research is challenging that notion, finding that at least one in 10 cases likely has an underlying genetic cause.

"Our findings were shocking, actually," said principal investigator Stephen Scherer, director of the Centre for Applied Genomics at Toronto's Hospital for Sick Children.

So ingrained has medical dogma been around the root causes of cerebral palsy that "when I showed the results to our clinical geneticists, initially they didn't believe it," he said.

About two in every 1,000 babies born are affected by cerebral palsy. An estimated 50,000 Canadian children and adults have the condition, which leads to varying degrees of motor impairment, including muscle spasticity and involuntary movements.

Symptoms can include epilepsy as well as learning, speech, hearing and visual impairments. Some with the disorder are mildly affected, while others can't walk or communicate.

Traditionally, cerebral palsy

was believed to be caused by a stroke or infection of the brain in the developing fetus, or by birth asphyxia — a lack of oxygen to the infant during delivery.

But genetic testing of a group of affected children from across Canada found that in 10 per cent of cases, structural changes to the DNA appear to have given rise to the condition.

The research team, which includes physicians at the Mc-Gill University Health Centre in Montreal, performed genome sequencing tests on 115 children with cerebral palsy and their parents.

Ten per cent of the children were found to have DNA alterations known as copy number variations, or CNVs, that affect clinically relevant genes. CNVs can be present as deletions, additions or reorganized segments of DNA that can lead to disease.

"In five per cent, we found these spontaneous, massive changes," affecting dozens or even hundreds of genes in some children, said Scherer.

"For five per cent, these big changes are the cause of their CP

THE CANADIAN PRESS



Quebecer charged after crash kills couple and leaves son in critical condition

A Quebec man is facing criminal charges after a collision between his vehicle and another left two people dead and a four-year-old boy fighting for his life.

Yves Martin was charged in a Saguenay courtroom on Monday with one charge of impaired driving causing the death of two people and one of dangerous driving causing the death of two people.

Martin, 35, is also charged with impaired driving causing bodily harm and dangerous driving causing bodily harm.

The man and woman died on impact Saturday evening, while their son was transported to a Montreal hospital where he is listed in critical condition.

Martin has been ordered detained at least until his bail hearing Friday.

His lawyer did not say whether he will seek his client's release. THE CANADIAN PRESS



10 Tuesday, August 4, 2015 Canada Metr

NEWS

First Terry Fox Day marked

MANITOBA

Hero changed course of lives, cancer survivors say

Donna Maxwell For Metro

At 84 years young, Roy Bolin knows it. And 33 year-old Brad Pennington knows it, too. Both men are cancer survivors and know firsthand how important Winnipeg-born Terry Fox is.

That's why both were on hand at the Manitoba Legislature to be part of the celebration for the first Terry Fox Day.

Pennington battled brain cancer as a teenager.

"Terry Fox brought cancer research to the forefront. Before he got sick, before he got diagnosed, there really wasn't much going on," Pennington said. "And if it wasn't for Terry Fox,

"And if it wasn't for Terry Fox, I don't even know if I would be alive today, because (I'm) 15 years cancer-free. Had he not done what he did, I don't know if I'd be here today."



Cancer survivors Roy Bolin, left, and Brad Pennington were on hand for the ceremony at the Manitoba Legislature to celebrate the first official Terry Fox Day in Manitoba. DONNA MAXWELL/FOR METRO

Bolin was diagnosed with skin cancer 50 years ago and in his late 40s was again battling the disease, this time in his colon.

In 1980 he was on disability, going through chemotherapy

treatment and ended up as the director for a committee that would host Terry when he arrived in Winnipeg on his Marathon of Hope.

Fox never made it here, but Bo-

lin went on to organize the first four Terry Fox Runs in the city.

Health Minister Sharon Blady credited radio host and Metro columnist Ace Burpee with starting a movement on social media last year to have the Monday of the August long weekend renamed Terry Fox Day, in honour of Fox's birthday, which is July 28.

Fox would have been 57 this year.



Tornado touches down in

southwestern Ontario
Weather experts say a
tornado ripped through a
southwestern Ontario community Sunday night, tear-

munity Sunday night, tearing the roof from a bungalow and damaging several police cars.

Environment Canada issued a statement that said the violent winds of up to 220 kilometres per hour occurred in Teviotdale, northwest of Kitchener.

It said the tornado left about nine kilometres of damage in its wake, including destroying the exteriors of two homes, ripping through barns, wrecking cars and downing both trees and power lines.

The tornado touched down at about 9 p.m. amid an extreme bout of rain, wind and hail in southwest and southern Ontario that knocked out power to thousands.

About 900 hydro workers were still working on Monday trying to restore power to the last of about 50,000 Ontarians who were still in the dark after the previous day's storms.



ORDER OF NEW BRUNSWICK

Honour awarded to Kevin Vickers

Kevin Vickers, the former sergeant-at-arms in Parliament, has been named a recipient of the Order of New Brunswick for his role in stopping a shooting spree by Michael Zehaf-Bibeau last fall.

Vickers stopped the gunman in the House of Commons last October shortly after Zehaf-Bibeau killed Cpl. Nathan Cirillo, who was standing guard at the National War Memorial, and rushed into the building with his rifle.

Premier Brian Gallant also named Camille Albert, an entrepreneur; Sister Arleen Brawley, for her work in addictions; Gary Gould, for his work with offreserve aboriginal people; Brent Hawkes, for his leadership in support of lesbian, gay, bisexual and transgender rights; and photographer Thaddeus Holownia.

Also named were Carol Loughrey, for supporting women in business; Sister Adele Morin, for her work on behalf of children with intellectual disabilities; Dr. Rejean Thomas, a physician and a missionary; and Marlene Unger for her human rights, social justice and education work.

THE CANADIAN PRESS

MONTREAL

Archeological dig to explore prison ruins

The City of Montreal is hoping that an upcoming archeological dig will unearth some old secrets, including artifacts from a former convent and 18th century prison whose ruins lie under city hall.

The elegant limestone building that currently houses city hall sits on a site that was once home to a Jesuit convent, which was seized by the Crown after the 1763 conquest of New France and transformed into a jail around 1768.

Earlier this week the City of Montreal put out a call for bidders for archeological services at Place Vauquelin, the square in front of city hall.

In an email, city spokeswoman Valerie De Gagne said that beginning this fall archeologists will explore the soil for traces of the convent, which dates back to 1692 and included a chapel, church, residence, yard and garden. They will also sift the ruins of a later jail, built in 1808 after the converted convent buildings were damaged by fire.

The work has been commissioned ahead of planned repairs to the square and the foundations of city hall and the adjoining building, which houses the city's finance department.

"The archeologists will survey the archeological traces that remain, and will sift the soil where they are found," De Gagne wrote. "This will allow them to learn more about the activities that took place in this location over time."

Even the "newer" jail constructed in 1808 did not serve as a jail for long, as Montreal's exploding population meant that it was outgrown by 1811.

It was used as an army barracks for several years beginning in 1837, until it was demolished to make way for the building of the former Montreal courthouse in 1850.

Dinu Bumbaru of Heritage Montreal says a successful dig could allow searchers to precisely locate the convent buildings, and provide hints as to the nature of daily life and activities — details such as the size of the garden, and what was grown there.

Excavating the two jails, he said, could teach historians more about prison life.

Bidding on the contract is open until mid-August, and De Gagne said work is expected to take place this fall and in the spring of 2016.

THE CANADIAN PRESS

metr

NEWS | World Tuesday, August 4, 2015

DEVELOPMENT

UN member states aim to end poverty

The 193 member states of the United Nations have reached agreement on a new development agenda for the next 15 years that calls for eradicating poverty and hunger, achieving gender equality, improving living standards and taking urgent action to combat climate change.

The draft agreement reached Sunday evening outlines 17 goals with 169 specific targets on issues ranging from ending poverty "in all its forms every-where" to ensuring quality



We can be the first generation that ends global poverty.

Ban Ki-moon

education and affordable and reliable energy, and protecting the environment.

"We can be the first generation that ends global poverty, and the last generation to prevent the worst impacts of global warming before it is too late," Secretary-General Ban Kimoon told reporters Monday.

The document — called Transforming our World: The 2030 Agenda for Sustainable Development — will be adopted at a UN summit just before the annual meeting of world leaders at the General Assembly in late September.
Ban said "the goals repre-

sent a 'to-do' list for people and the planet." The 17 new, non-binding goals will succeed the eight Millennium Development Goals adopted by world leaders 15 years ago.

THE ASSOCIATED PRESS



U.S. President Barack Obama speaks about his Clean Power Plan at the White House. ANDREW HARNIK/THE ASSOCIATED PRESS

bama going green

CALIFORNIA WILDFIRE

Weather helps crews battling raging blaze

Cooler weather helped crews build a buffer Monday between a raging Northern California wildfire and some of the thousands of homes it threatened as it tore through droughtwithered brush that hadn't burned in years.

At least two dozen homes were destroyed over the past few days, and more than 13,000 people were urged to flee.

The fire — the largest blaze in drought-stricken California — roughly tripled in size over the weekend to 240 square kilometres, generating its own winds that fuelled the flames and reduced thousands of acres of manzanita shrubs and other brush to barren land in hours.

Numerous other wildfires in California, Washington state and Oregon took off as drought and summer heat turned the West Coast combustible. California blazes killed a firefighter last week and injured four others over the weekend.

THE ASSOCIATED PRESS

CLIMATE CHANGE

President sets strict limits for power plant emissions

U.S. President Barack Obama has announced even steeper greenhouse gas cuts from American power plants than previously expected, a challenge to the rest of the world to take serious action as a

global summit to finalize a landmark climate change treaty approaches at the end of this year.

Obama's actions on climate change have faced opposition from Republicans and even some Democrats who fear the impacts on the U.S. economy.

Opponents plan to sue immediately, and to ask the courts to block the rule temporarily. The National Mining Association on Monday asked the Environmental Protection Agency to put the rule on hold while legal challenges play out.

The Obama administration last year proposed the first greenhouse gas limits on existing power plants in U.S. history, triggering a yearlong review. These final changes aim to address concerns raised by both environmentalists and the energy industry.

Some changes further cut the heat-trapping gases blamed for global warming. Other changes delay implementation and eliminate certain options that states could use to

show they're cutting emissions, making it harder to comply.

Power plants will have to attain an even lower level of carbon dioxide pollution to be in compliance. Obama's proposal from last year set the target as a 30 per cent nationwide cut by 2030, compared to the levels in 2005. His new plan calls for a 32 per cent cut in the same time period.

Power plants account for one-third of all U.S. emissions of heat-trapping gases.

THE ASSOCIATED PRESS



ARGENTINA LOST WHALE DRAWS HUNDREDS People line up along the port area in Puerto Madero, Buenos Aires, Argentina, Monday, to catch a glimpse of a lost whale after news of it quickly spread on social media. Authorities have not identified what kind of whale it is, and it Was unclear what plans are to get it back to the ocean. NATACHA PISARENKO/THE ASSOCIATED PRESS

COLORADO THEATRE SHOOTING

Jury won't rule out death penalty

Jurors in the Colorado theatre shooting trial declined to rule out the death penalty Monday as they move toward sentencing James Holmes.

The decision clears the way for one last attempt from both sides to sway the jury with gripping testimony from victims about their harm and suffering as well as more appeals to show mercy to the man convicted of murdering 12 people and trying to kill 70 more.

Holmes, who is taking antipsychotic drugs that dull his reactions, stood as ordered and appeared emotionless as the judge read the decisions. On all 24 murder counts carrying a potential death penalty two for each of the 12 people slain — the jury found that aggravating factors outweighed mitigating factors.



James Holmes. THE DENVER POST/THE ASSOCIATED PRESS FILE

With that, the jury was sent home and told to return Tuesday morning for the final phase. Then, the nine women and three men will finally decide whether the 27-year-old should receive a lethal injection, or spend life in prison without parole.

The same jury rejected the defence claim that mental illness so warped his mind that Holmes could not tell right from wrong when he carried out the theatre attack in the Denver suburb of Aurora on July 20, 2012.

Prosecutors argued, and jurors agreed, that capital punishment could be appropriate because Holmes sprang a terrifying and cruel ambush on unsuspecting victims.

Defence lawyers argued that mental illness nevertheless reduced Holmes' "moral culpability," and that his personal history made him worthy of mercy. Jurors deliberated for less than three hours before deciding that his mental problems did not outweigh the horrors of the calculated attack. THE ASSOCIATED PRESS

metr
NEWS World
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MIDDLE FAST

Syrian warplane crashes

Government air raids in a northwestern town in Syria and a subsequent crash by a Syrian warplane that slammed into a residential area there killed at least 27 people on Monday, activists said.

The raids on the town of Ariha came amid intense clashes between government forces and insurgents in the northwestern province of Idlib and the central region of Hama. The town, once a government stronghold, was captured by opposition fighters and Islamic militants in May. Government forces have suffered setbacks in Idlib province since March, including the loss of the provincial capital of the same name.

An activist group known as the Local Coordination Committees said the warplane crashed in a busy market, adding that it was not immediately clear whether it was shot down. The LCC said 27 people were killed and many others were wounded.

Rami Abdurrahman, who heads another activist group, the Britain-based Syrian Observatory for Human Rights, said the plane crashed in the town centre, destroying several homes. The observatory later said that 31 people were killed and more than 60 were wounded.

The Ariha Today Facebook page posted a photo showing at least seven buildings reduced to rubble on a narrow street. It said 27 people were killed but that 12 of them have not been identified yet.

The group also listed 55 wounded, including nine women.

The discrepancies in the different casualty figures reported could not be reconciled.

The observatory and the LCC said that at the time of the crash, the town was under attack by Syrian President Bashar Assad's air force.

An amateur video posted online by activists showed several damaged buildings, as well as parts of the plane that crashed. The video appeared genuine and corresponded to other Associated Press reporting of the events.

THE ASSOCIATED PRESS

RESOURCES

Reach out online

To learn more from the Syrian activist group Local Coordination Committee, go to www.lccsyria.org.

Sierra Leone prepared for newest Ebola cases

WORLD HEALTH

CDC director assures public after latest outbreak

Sierra Leone is in a stronger place than it was six months ago to fight Ebola, but the new challenge is to get to zero cases, the director of the U.S. Centers for Disease Control and Prevention said Monday during a visit.

Dr. Thomas Frieden made

that statement, as new cases emerged in the city in an area that had not seen the virus for months.

Two new cases of Ebola surfaced in Sierra Leone's Northern Tonkolili District after a man died last week. The district had not had a single case of Ebola in five months. The victim contracted the disease in the capital, travelled to his home village, and was treated for a fever at the local hospital, but authorities didn't call the Ebola emergency number. He didn't have a burial that followed special procedures

3

The challenge now is to get to zero cases and that is not going to be easy. Authorities must not let down their guard.

OB Sisay, National Ebola Response Centre

required for Ebola victims.

The man's mother and brother contracted Ebola, the National Ebola Response Centre's OB Sisay said Sunday. Authorities moved quickly to contain the spread, but more cases are feared, he said. Authorities quarantined 500 people.

"We now know where the virus is and we are tracking its movement, by surrounding, containing and eradicating its last remaining chain of transmission," Sisay said.

Dr. Frieden said it was important that the case was identified and not missed, and he was impressed with the speed

of the response.

"The challenge now is to get to zero cases and that is not going to be easy," he said. "Authorities must not tel down their guard. The country should keep its guard up."

He said a new cluster of cases in an area of Freetown means Sierra Leone must still put in place measures that have worked in the past.

This Ebola outbreak has killed more than 11,200 people worldwide with nearly all deaths in Guinea, Sierra Leone and Liberia.

THE ASSOCIATED PRESS



In this March 7, 2015 photo, a health worker in Conakry, Guinea, cleans a man's arm before injecting him with a Ebola vaccine. An experimental vaccine tested on thousands of people in Guinea exposed to Ebola seems to work and might help shut down the ongoing epidemic. ASSOCIATED PRESS PHOTO/ YOUSSOUF BAH

NATURAL DISASTER

Pakistan monsoon death toll up to 118

The death toll from flash floods triggered by seasonal monsoon rains in various parts of Pakistan has risen to 118 and floodwater has inundated vast areas, leaving tens of thousands homeless, authorities said Monday.

The National Disaster Management Authority said the flooding has affected more than 800,000 people in 2,275 villages

About 2,900 houses have collapsed or are partially

damaged

The northwestern Khyber Pakhtunkhwa province is the worst affected, with 59 deaths reported there, according to NDMA's statement.

In mid-July, monsoon rains followed by flash floods badly hit the northwestern city of Chitral, where flooding destroyed several bridges, homes, mosques, hotels and a power station.

THE ASSOCIATED PRESS

IN BRIEF

Man killed outside Mississippi courthouse

A man fatally shot a defendant waiting outside a courthouse Monday morning, and a suspect is in custody, according to law enforcement officials.

The suspect was identified as 24-year-old William B. Wells. The suspect got out of a car, walked up and shot the victim once in the chest with a semiautomatic handgun, Madison County Sheriff Randy Tucker said.

CECIL THE LION

Client's hunt legal: Safari operator

An American accused of killing a lion in an allegedly illegal hunt in Zimbabwe in April did not break any laws and acted in good faith, a safari operator who worked for the American said Monday.

said Monday.
Landowner Headman Sibanda said in a telephone interview with The Associated Press that the proper paperwork was in place for the lion hunt by his client, Jan Casimir Seski of Murrysville, Pa.

The Zimbabwe National

Parks and Wildlife Management Authority, however, said Sunday that Seski was involved in an illegal hunt. Zimbabwean officials say they are seeking the extradition of another American, James Walter Palmer, for killing a well-known lion named Cecil in an early July hunt that was allegedly illegal.

Palmer has said he relied on his professional guides to ensure the lion hunt was legal. THE ASSOCIATED PRESS metr

NEWS Business Tuesday, August 4, 2015 13

'Sense of panic' in Greece

GREEK ECONOMY

Country's main stock index takes dramatic dive

Greece's top companies lost billions in market value in a matter of minutes on Monday, when the stock exchange plunged upon reopening after a five-week closure and investors worried over a dramatic new drop in the economy.

The main stock index shed more than 22 per cent soon after the open, as traders got their first opportunity since late June to react to the latest twists in the country's econom-

The index closed 16.2 per cent lower, with bank shares hitting or nearing the daily trading limit of a 30 per cent loss.

There's a sense of panic," said Evangelos Sioutis, financial analyst and head of equities at Guardian Trust.

He noted some traders are selling stock merely to raise cash because there is so little



Employees of the Athens Stock Exchange look at stock prices in Athens, Greece, on Monday. Greece's main stock index plunged more than 22 per cent as it reopened Monday after a five-week closure. YORGOS KARAHALIS/THE ASSOCIATED PRESS

Evangelos Sioutis, head of

equities at Guardian Trust

liquidity in the Greek economy. 'There are no buyers," he

said. "The outlook is not clear." Markets in the rest of the world, however, were largely

unaffected, a sign that investors outside Greece have now largely cut off ties with the country after years of crisis

there. European shares closed Greece's stock market and There are no banks were closed on June 29, **buyers. The**

when the government put limoutlook is not clear. its on money withdrawals and transfers to keep a run on the banks from bringing down the financial system. People were

however. Financial information company Markit said its gauge

19-country eurozone.

creditors broke down.

of manufacturing activity in Greece plummeted during the month to 30.2 points, its lowest ever reading, despite improvements across the rest of the

panicking over the prospect that the country could fall out

of the euro after its talks with

sumed talks with creditors and

reopened its banks. Strict limits

on cash withdrawals remain,

Greece has since then re-

"Manufacturing output collapsed in July as the debt crisis came to a head," Markit economist Phil Smith said.

"Factories faced a record drop in new orders and were often unable to acquire the inputs they needed, particularly from abroad, as bank closures and capital restrictions badly hampered normal business activity."

Meanwhile, a monthly survey of business and consumer confidence, the Economic Sentiment Indicator, fell for a fifth consecutive month in July to its worst level since October 2012. THE ASSOCIATED PRESS



🛑 IN BRIEF

India orders telecoms to cut access to pornography

India has ordered Internet service providers to block access to more than 850 adult websites in what the government describes as a way to protect social decency.

N.N. Kaul, a spokesman for India's department of telecom, said Monday the government was controlling easy access to pornography following a directive from the country's top court.

. Kaul said that while Internet service providers in India will have to bar access, users may still view the sites through virtual private networks and proxy servers. He said the move would protect children.

The leaked government order asks service providers to block access to the 857 sites on grounds of morality and decency.

The order has caused a furor with many in the country accusing the government of moral policing and infringing on personal freedoms.

THE ASSOCIATED PRESS

SECOND QUARTER RESULTS

HSBC earnings drop 6.2 per cent

HSBC's Canadian subsidiary says its second-quarter profit was down 6.2 per cent from the same period of 2014 to C\$227 million.

The bank said the decline for the three-month period ending June 30 was mainly due to margin compression, lower gains on financial investments and higher costs.

Profit attributable to the common shareholder was C\$161 million for the second quarter, down 6.4 per cent compared with the same period a year earlier.

Return on average common equity was 14.0 per cent, compared with 15.6 per cent for the second quarter of last year.

Commenting on the results, HSBC Bank Canada president and CEO Sandra Stuart said "We are focused on growing our business in Canada, however, we do expect current challenges to continue including pressure on the oil sector and related industries and prevailing low interest rates." THE CANADIAN PRESS

TECHNOLOGY

Nokia sells HERE Maps for \$3.1 billion

A consortium of German automakers Audi, BMW and Daimler announced Monday it is buying Nokia's HERE map business in a deal that values the unit at 2.8 billion euros (\$3.1 billion) and secures their access to technology that could eventually be used for driverless cars.

Nokia, based in Finland, has refocused its business on producing equipment for wireless networks after selling its mobile phone handset operation to Microsoft Corp. The company said it expects to receive slightly over 2.5 billion euros from the sale, with the purchasers being compensated for HERE liabilities totalling nearly 300 million euros.

The three rival German automakers said that HERE is "laying the foundations for the next generation of mobility and location-based services." They added that "for the automotive industry this is the basis for new assistance systems and ultimately fully autonomous driving.'

The automakers said in a joint statement that they will each hold an equal stake in HERE and "none of them seeks to acquire a majority interest." They said that HERE's management will remain independent, with the goal of being a platform "open to all customers," and the consortium will not interfere in its operational

"High-precision digital maps are a crucial component of the mobility of the future," Daimler CEO Dieter Zetsche said. "With the joint acquisition of HERE, we want to secure the independence of this central service for all vehicle manufacturers, suppliers and customers in other industries."

Analysts at IHS Automotive noted that HERE, along with TomTom, is one of two companies supplying navigable maps globally as an alternative to Google and Apple.



BACKGROUND

The next generation of the automotive industry

Matthias Machnig, a German deputy economy minister, said the acquisition is of "enormous significance from an industrial policy point of view." He added that it is "important that an open platform emerges that is open to further European manufacturers," THE ASSOCIATED PRESS



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METEVS

Your essential daily news

Tuesday, August 4, 2015

the big question

Should you be worried about picky eating?

Kids these days, with their trans-fat-free, glutenless organic yogurt. Or do yours only eat orange food? Picky eating might be maddening, but new research published in the journal Pediatrics has The Associated Press telling parents to "take heart ... the problem is rarely worth fretting over." On the other hand, the Wall Street Journal said it "may not be as harmless as is commonly believed." In actuality, the findings were fairly intuitive. If your two- to five-year-old kids complain about broccoli, there is little cause for concern. But, "severely picky" eaters — the three per cent of those studied who had difficulty eating with others due to their restrictions — were at least two times more likely to show symptoms of depression and social anxiety. No causation was shown.

SOURCES: THE ASSOCIATED PRESS; THE WALL STREET JOURNAL

It's time to trust drivers and ditch all-way stops

Kathryn Hunt



Here's a radical idea: let's get rid of stop signs.

Maybe not all stop signs, but all-way stops for starters, on quiet streets. Stand at any all-way stop and watch how people actually move through it. Most cyclists will slow up, then roll right through, conserving momentum.

And, in fact, most drivers actually do the same, especially in light traffic.

Stop signs have been around almost as long as cars have (the first recorded one was put up in 1915), but there was a time before them, when people got through intersections by taking turns and using common sense: essentially, by behaving like we do now at a signalized intersection

when the lights aren't functioning.

Stop signs are cheap and low-maintenance, and they do slow things down in residential areas less annoyingly than speed bumps. But there are studies showing that they aren't any safer than the yield system used in many European countries.

Driver speeds can actually be more erratic pulling away from a stop in order to make up "lost time." Stop signs can add to emission levels and fuel consumption because of the acceleration, and they produce extra wear and tear on cars. Add to that the cost of enforcement.

And they're not the most efficient system. The TV show Mythbusters tested out European-style roundabouts against four-way stops, and found they put at least 20 per cent more cars through in the same amount of time.

in the same amount of time. Four-way stops can lead to confusion, too, since not There are studies showing that (stop signs) aren't any safer than the yield system used in many European countries.

all drivers have the same understanding of the rules, such as who has the right of way. This can create awkward attempts at mind-reading by drivers trying to work out who will proceed.

One driver I talked to recently told me he will actually slow down before a stop so as not to arrive at the intersection at the same time as another driver, just to avoid that moment of uncertainty. The confusion is only worse when one of the parties is on a bicycle (here's

a hint: treat the cyclist exactly like a motor vehicle).

When the traffic lights go out, we revert to paying attention to our surroundings, communication with each other, and remembering the rules — and if it's a simple enough intersection, we manage just fine. And at many intersections, we're already treating stop signs as yields: slowing up, checking the oncoming streets, then rolling through.

Maybe we could manage with a lot fewer red octagons.

Kathryn Hunt @k8thek8 is a writer, editor of Centretown BUZZ, storyteller, poet, cycling blogger, rock climber, mysterious techno vixen (confirmed) and geek. Not necessarily in that order. You can read her cycling blog at theincidentalcyclist. blogspot.ca.

ROSEMARY WESTWOOD

metroview

The struggle not to compare myself to friends is crucial

Mum says comparison is the quickest way to unhappiness.

I know she's right, but I can't stop it. And the worst is when I compare myself to friends

The other day I listened to a friend recount a long list of creative projects she's accomplishing outside of a very busy job (a few zines, a few short stories, a blog), and secretly seethed.

I'm happy for her, but frustrated at myself. Part of that makes no sense (I've never wanted to make a zine) and part of it is all too familiar.

I completed a degree in creative writing, and since I started working in journalism, I've battled the idea that I'm failing somehow in comparison to friends who regularly write and publish their fiction and poetry.

We all want to be the best, or even just our best, but given how much some people seem to be able to accomplish in life, the highwater mark is murky.

Maybe my best is a dual career as a novelist and non-fiction writer, who also raises three kids, sings in a band and curates a home of well-chosen oddities from my travels

It's surely more than I am doing right now, given that Netflix is my bedmate.

Or, maybe my best is to spend so much time with Netflix I become an un-

likely pop-culture writer who parses the work of Ruby Rose for deeper human insight.

It's easy to avoid comparison to Rose herself. I never wanted to be an actor. It's much harder not to compare myself to my jet-setting reporter friend who is both kind and talented, or my powerhouse editor friend who will rule this insulated media town before too long. I do OK, because I love them and understand that we're different.

But the editor has fielded awkward treatment from women colleagues and friends less than comfortable with her success.

It seems that women know how to be friends, and know how to be professionals, but there is tension when the two entwine. Part of it, I think, is the sense that there's only room for so many women at the top. But every person jealous of a friend has to ask how much they value that friend. And if they do, they need to find a way to get over their jealousy.

My parents never told me what they want me to be, beyond a happy, good person. They haphazardly read this column, and are more concerned I call my grandmother; less concerned with my career trajectory.

So I have their example, as an antidote. And I bet I'll always need it.



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Move over pre-drinks: study says pre-eat an Asian pear to prevent a hangover

Politics overtake the cake

LAYERS OF MEANING

Bakeries slice up ideologies American style

It should be a piece of cake. Customer comes in, asks for a cake with a specific design or for a particular event, baker makes it, everyone's happy.

But sometimes customers and bakers have clashed over what goes on the cake, or whether to make it at all. An Oregon bakery was fined \$135,000 for refusing to bake a cake for a lesbian couple's wedding. A baker in Colorado earned a customer's ire because she refused to write anti-gay messages on his cake. A Louisiana man posted a video to the Internet lambasting a local Wal-Mart for not making a cake with a Confederate flag on it.

Somehow, this mix of flour, butter, eggs and sugar with frosting on top has become yet another delivery system for American political debate, raising questions about where the customer's free speech ends and the baker's begins.

Cake has had symbolic meaning in this country," even aside from politics, said Stephen Schmidt, food historian and writer for the Manuscripts Cookbook Survey. "We think of cake as something that can

carry that meaning, whereas I don't think the French do."

But some political experts question whether frosting florets on a cake really are the best way to get your way of thinking out there. Would a strongly worded tweet, letter to the editor or yard sign be a better choice than the grand unveiling of the cake to the tune of Happy Birth-

"There's got to be some kind of psychological profile of individuals who deem it important enough to have their politics on their cake," said Doug Muzzio, political science professor at Baruch College. "Have their cake and ideology, too."

Some of the most contentious fights have involved bakers who refused to make a cake for same-sex weddings, frays that have also entangled the likes of florists and photographers.

and were awarded damages.

There's also been the reverse. Last year, when a customer wanted anti-gay messages on a cake, Marjorie Silva, owner of Azucar Bakery in Denver refused to do

it. She told him that she would bake the cake, but that he would have to write his own messages.

"We're human beings, too; we have our beliefs, we should be respected," she said

Free speech issues have c o m e

into play in jurisdictions with laws banning discrimination against certain protected classes. Some bakers have argued that being forced to make a cake for something that went against their religious beliefs was a form of compelled speech

the First Amendment. But courts have ruled that a business open to the public has to be open to everyone.

The answer so far that courts have given is, no, it's not coercion ... because you do

have a choice" about whether to be in business to the public, said Nelson Tebbe, professor at Brooklyn Law School.

Images and words perceived as hateful have raised yet another flavour of cake fight.

A Louisiana man in June wanted a local Wal-Mart to make a cake with an image of the Confederate flag and the phrase "Heritage Not Hate," but was refused. Chuck Netzhammer then ordered a cake with a flag used by the Islamic State group, which he got. Wal-Mart apologized and said the cake was a mistake, made by an employee that didn't recognize the flag and what it represented.

In 2009, a New Jersey supermarket refused to make a cake for a child whose full name was Adolf Hitler Campbell. The boy's mother said the cake was eventually made by a store in Pennsylvania.

For some cake makers, it's not for them to go against the customers' wishes.

Stacey Leon, of New York City's Butterfly Bakeshop, said she and husband keep their personal feelings out of the oven. While they've never been asked to make a cake they thought was truly objectionable, they have made cakes for causes they don't personally believe in.

"If it's a political party that we don't agree with, that doesn't mean we're not going to make their cake," she said. "We just have to separate the way we feel from our business.' THE ASSOCIATED PRESS



There's got to be some kind of psychological profile of individuals who deem it important enough to have their politics on their cake.

Doug Muzzio, political science professor at Baruch College in New York City





613-230-7475 2nd Level Rideau Centre



Bakery owners Aaron

and Melissa Klein of Gresham,

Ore., said their religious beliefs

would be violated in 2013 if

they made a wedding cake for

a lesbian couple. The women

filed a discrimination complaint

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ADVICE

Never act like a smug know-itall, even if the boss is clueless



They might in charge, but bosses don't always know best.

Maybe you're responsible for your organization's social media feeds, while your superior has never sent a tweet.

Or you could be the number-cruncher at a company where the CEO can't grasp basic math. When your understanding of your niche has your boss beat, articulating your needs and processes can be frustrating.

Here's how to navigate the knowledge gap.

First step: attitude check

Just because your manager lacks expertise in your area of specialization doesn't mean they're unintelligent or unqualified to lead.

High-ranking supervisors, especially if they are respon-

sible for a range of teams across different departments, are likely more concerned with big-picture functioning than the nitty-gritty of individual positions.

So while your capabilities may far surpass your superior in certain domains, they probably possess a toolbox of skills you don't have.

After all, your boss' job isn't to do your job — it's to oversee your work.

Filling the cognitive holes

Which doesn't mean clueless leadership can't interfere with your day-to-day.

If you find yourself aggravated by your manager's missing intel, take it upon yourself to fill those cognitive holes. Adopt an informative approach, in which you provide thorough (and easy-to-follow) detail on the task or problem at hand, carefully outlining your favoured approach.

It might be tempting — and even self-satisfying — to passive-aggressively seethe over your boss' flimsy foundation in your particular sphere of interest.

But your work will go smoother if you arm them with the knowledge you wish they had. Important: While offering your information, swap confrontation for collaboration. You may consider yourself smarter than your boss. Your relationship might be strained due to a perceived — or even real — lack of appreciation for your stresses and duties.

But if you want to educate the highers-up, don't act fed up. Be generous and patient with your explanations, and avoid smug or sarcastic comments.

Be an ally, not an enemy

During meetings, it may be a struggle not to roll your eyes — but you'll get a lot further if you establish yourself as an ally.

An oblivious boss can be a bummer — but they also represent an opportunity.

Instead of thinking of your uninformed manager as a nuisance, think of this situation as a chance to demonstrate your capabilities and authority within your professional realm.

Make your boss dependent on your insights, and your standing will rise. Then maybe, when the timing is right, you'll be made the boss.

"Help, I'm smarter than my boss!"

FEMINISM

For workplaces to be truly equal, men need to step up

Asia Ewart

Metro in New York

Men, 2015 is the year you help women advance in the work-place. Despite a steady — but slow — increase in the number of women in high-ranking board positions, women in the working world are not advancing nearly as quickly as their male counterparts.

Men, however, can help.

"It's important for men (to get involved) because they control more of the influence and the power," says Hattie Hill, president and CEO of the Women's Foodservice Forum, which focuses on the leadership of women in companies like Kraft and Kellogg.

Hill spoke with Metro about four key ways men can help women break the glass ceiling.

Pay attention

Hill says that, for starters, men can increase their overall awareness about the issue by paying attention to workplace practices. Take note of the types of work females are assigned, ask them questions and get their opinions.



Men can do their part to make workplaces more equal. ISTOCK

Give women more responsibilities/tougher tasks

Men in more powerful and senior positions should take advantage of their position to give more responsibilities and challenges to female staffers. An act as small as giving a female employee two or three extra things to do or switching up some of her tasks can get the ball rolling, says Hill. For example, if you notice a woman constantly taking meeting notes, delegate that task to someone else and give her another responsibility.

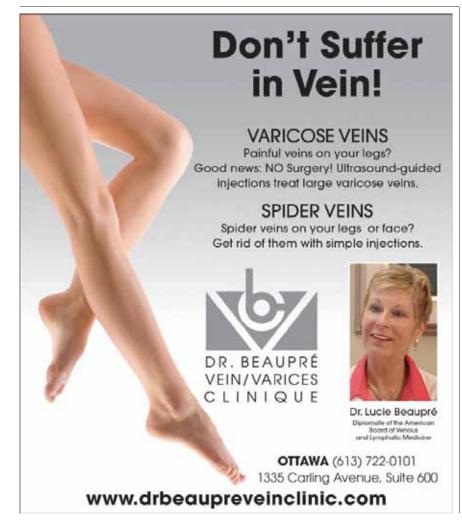
Shut down mansplaining

"If you're in a board meeting and a woman says something,

and then a man comes back and says the same thing, you can speak up and say, 'You know, Mary just said that. Thank you, Mary, for that comment,'" Hill says. "It's changing the communication to be more effective."

Ask questions

Engage the women around you. "Ask them, in terms of your industry or your organization, "What do you think we need to change?" Hill says. Women in your workplace know the workings of the company and the politics of the work environment; they just haven't been asked about them yet.



Price is money in debut

New Blue Jays ace strikes out 11 batters over eight innings

David Price Day had everything from rousing ovations and powering strikeouts to the thrill of danger and the offensive explosion the Toronto Blue Jays are known for.

Thanks to 11 strikeouts from Price in eight strong innings, his debut was also a 5-1 victory against the Minnesota Twins that put the Blue Jays in a tie for an American League wild-card spot.

"I just wanted to go out there and have fun, pitch as deep as possible into the game and keep it close for our offence," a smiling Price said. "I'm definitely thrilled with the way today went.'

Price was dominant all afternoon, especially after he gave up a home run to Torii Hunter in the second and loaded the bases with no outs in the fourth. The ace left-hander acquired last week from the Detroit Tigers showed why the Blue Jays were willing to pay a hefty price, retiring the final 15 batters he faced.

"The place was alive," manager John Gibbons said of Price getting out of the bases-loaded jam. "That's hard to do. I don't care how good a pitcher you are. That's real hard to do. But he pulled it off and really ran from there.'

As he walked off the mound following his 119th pitch, Price tipped his cap to the sellout

AARON HERNANDEZ TRIAL



The Twins managed just one run off of David Price on Monday in Toronto. FRED THORNHILL/THE CANADIAN PRESS

crowd of 45,766 at Rogers Centre that fixated on and adored his every move. His 11 strikeouts tied a franchise record for a pitcher making his debut, and he allowed just three hits and two walks.

"That's what an ace does," said second baseman Ryan Goins, who hit a solo home run.

Price brushed off the strikeout record and said he would've rather gotten all 27 outs. But



the way he dazzled the crowd contributed to the buzz on the holiday Monday in Toronto.

Running off the experiences in his career from the 2008 World

IN BRIEF

on mound this season

Pirates right-hander A.J.

an MRI on his pitching

Burnett hopes to get back

Burnett is hopeful of pitch-

ing again this season after

elbow revealed a strained

flexor tendon rather than a

The 38-year-old Burnett

said Monday that "I'm go-

ing to do everything I can

to make it back." He reiter-

Series run with the Tampa Bay Rays through last year's playoffs with the Tigers, Price put his Blue Jays debut at the top of the list.

"That was the best atmosphere I've ever been in," Price said. "I've pitched in quite a few big games, but that atmosphere today, that takes the cake. I've never experienced anything like that. That was cool.

When Price was in the dugout, the lineup Josh Donaldson confidently declared the best in baseball got to Minnesota starter Ervin Santana and the bullpen to the tune of eight hits and two home runs. In addition to Goins, Donaldson hit a two-run home run, his 27th of the season, and later heard chants of "M-V-P."

"It's not like we've seen it a couple times," Gibbons said of Donaldson's power. "He's been doing it all year."

THE CANADIAN PRESS

RIO 2016 OLYMPICS

Schools to develop water cleanup strategy

Rio de Janeiro Gov. Luiz Fernando Pezao signed a deal Monday with several Brazilian universities and research institutes to develop a plan for cleaning up the polluted waters of the city's sewage-strewn Guanabara Bay, where Olympic sailing events will be held.

Pezao hailed the deal as a "very important step" toward the long-promised cleanup, which has dragged on for more than 20 years with little progress.

As part of Brazil's Olympic project, authorities pledged more than six years ago to drastically cut the amount of raw human sewage in the bay before the 2016 Games. But only one of the eight promised treatment plants aimed at filtering much of the waste out of the rivers that have become open-air sewage ditches has been built, and the bay's once-crystalline waters remain fetid.



The bay can be in good shape in 2025, 2030 or even 2035.

Rogerio Vale, representing Rio's federal university

An Associated Press investigation published last week revealed high counts of diseasecausing viruses directly linked to human sewage in Ölympic

In a statement from his office, Pezao was quoted as saying that since Rio won its Olympic bid in 2009, the city has boosted the treatment of sewage that once flowed into the bay from 17 per cent to 49 per cent. The original promise was to treat 80 per cent of sewage that ends up in the bay by the 2016 Games, but state and municipal officials have repeatedly acknowledged there's no way that pledge will

Seven universities — six of them public institutions — as well as several research institutes will develop the new cleanup plan. THE ASSOCIATED PRESS

Arbitrator awards Hoffman \$2M deal

Ottawa Senators forward Mike Hoffman was awarded a \$2-million US, one-year deal by an

Hoffman asked for \$3.4 million and the Senators \$1.75 million in player-elected salary arbitration.

The 25-year-old finished sixth in Calder Trophy voting for NHL rookie of the year with 27 goals and 21 assists.

Hoffman is set to be a restricted free agent again next summer. THE CANADIAN PRESS



Mike Hoffman GETTY IMAGES

Tipster was a sex pen pal: Prosecutor

raised questions about a juror in the murder trial of former New England Patriots player Aaron Hernandez had a sexually explicit relationship with him, a prosecutor said in a filing released Monday, the day Hernandez's girlfriend was seen wearing a wedding band.

Prosecutor William McCauley said an attempt by Hernandez's lawyer to question the tipster under oath is an "unwarranted fishing expedition."



Hernandez GETTY IMAGES

said in his filing that the woman wrote Hernandez sexually explicit letters before and during the trial and, believing in his innocence,

wanted to continue their relationship after he was released. THE ASSOCIATED PRESS

ated that he will retire at the end of the season. Doctors told Burnett to rest four weeks. THE ASSOCIATED PRESS

torn ligament.

18 Tuesday, August 4, 2015 metr#SPORTS



Robert Griffin III

GETTY IMAGES FILE

RG3 earning attention

Wide receiver DeSean Jackson likes what he's seeing from Robert Griffin III and the Washington Redskins' other two quarterbacks through the first five days

of training camp.
"I definitely have seen progression in KG3 and all the other quarterbacks this year too," the speedy receiver said Monday before the team worked in full pads for the first time.

"I think it's a year-to-year basis," he said. "Them guys are young. They have some experience early in their career. They just kind of have to build on that, but I've definitely being seeing them guys out here making some great throws, tremendous reads and getting the ball to where it needs to go to at the right time.'

The Redskins used Griffin, Kirk Cousins and Colt McCoy behind centre last season, and Jackson says that can only be a positive. Griffin was sidelined by a dislocated left ankle early in the season, giving way to Cousins, and Griffin then was benched so McCoy could play. Griffin returned late in the season and played in nine games as the team finished 4-12.

For the year, Griffin completed almost 69 per cent of his attempts (147 of 214) for 1,694 yards, but with just four touchdown passes and six interceptions.

Second-year coach Jay Gruden says he also has seen progress from his starter.

'He's been doing fine. Just going back to the basics, really. We're continuing to build off what we did last year and then obviously in OTAs. It's just all about repetition now and gaining more knowledge of the system and anticipation and a feel for the throws and the protections and the run game," he said. "Obviously a quarterback has a lot on his plate and any time we get a chance to go out here and practice against our defence and he's got to make sound, quick decisions, that's a good thing.

THE ASSOCIATED PRESS

The changing face of professional coaching

Women find work leading highest-level sports teams

Becky Hammon believes the possibilities are limitless for women coaching in pro sports.

One year ago this week, she broke the gender barrier, becoming the first full-time paid female assistant coach in the NBA.Now Hammon's happy to see she's no longer the only woman in the profession.

Nancy Lieberman accepted an assistant coaching job the other day with the Sacramento Kings, and the Arizona Cardinals made Jen Welter the NFL's first female coach last week.

"I think anything is possible," Hammon said Sunday before the New York Liberty honoured her at a game. "Just because something's never been done doesn't mean it can't be done. Leadership has no gender. The point is, do you know basketball? Do you know what it takes to lead people?"

Clearly for Hammon, the



I hope we get to the point in society where this is not news any more.

Becky Hammon

answer was yes. The 5-foot-6 former WNBÅ star once hoped to play in the NBA. Now she's a trailblazer of a different sort.

"If you have a daughter, or even a woman in your life, it is worth supporting because of the bigger picture, because of the opportunities it will lead to down the road for little girls," Hammon said. "We're

not asking the male to get up and leave his seat. We're just saying scoot over a little bit. Make a little room at the table for the ladies.'

NBA Commissioner Adam Silver sees Hammon and Lieberman as the start of something. He has "no doubt" there will be a female head coach one day.

"I think just like we've seen enormous change in our society, just in the last decade, I think that's another ceiling, another barrier that will be broken," Silver said last month. "And it takes women like Becky being out there. You need pioneers, and there's been other pioneers before her, but I think you couldn't ask for more of a complete package in terms of former player, student of the game and someone who's able to work within a strong organization like the Spurs."

THE ASSOCIATED PRESS



EXTREME SPORTS A NEW WAY TO SHRED WAVES Daredevil Robbie Maddison in his latest stunt rides his motorcycle across waves in Tahiti, French Polynesia, using ski-like devices on his wheels. GARTH MILAN/DC SHOES/THE ASSOCIATED PRESS

Di Maria gets big payday with PSG

Manchester United winger Angel Di Maria will join Paris Saint-Germain on a four-year deal to become the second most expensive player in the French league history.

A person familiar with the situation told The Associated Press that Di Maria is expected in Paris later this week to sign the deal after undergoing a medical exam in Doha on

He spoke on condition of anonymity because he is not about the deal before it is official. Manchester United has agreed to sell the Argentina winger for a fee that is "in the region of 63 million euros (\$69 million)" the person said.

At PSG, the versatile Di Maria will be teaming up with Uruguay striker Edinson Cavani, who joined the Qatari-funded club for a reported fee of 64 million euros when PSG broke the French transfer record in 2013. THE ASSOCIATED PRESS



Blatter's term as FIFA president ends

Outgoing FIFA president Sepp Blatter's 16-year term as an International Olympic Committee member ended Monday when he did not seek re-

Blatter was among a group of IOC members up for re-election for another eight-year term. But IOC President Thomas Bach said Blatter informed him by letter on July 23 that he would not stand again. THE ASSOCIATED PRESS

Ronaldo, Benzema out with injuries

and Karim Benzema will miss two preseason matches with Real Madrid after picking up injuries during train-

ing.
Madrid says Ron- Cristiano Ronaldo aldo hurt his back and Karim Benzema and Tottenham. during training on GETTY IMAGES Monday, while Benzema pulled a muscle in his right thigh.

Madrid left both stars off



Munich, AC Milan

Madrid opens the Spanish league season on Aug. 23 at promoted club Sporting Gijon.

Audi Cup, a small

preseason soccer

tournament played

in Munich on Tues-

day and Wednesday.

includes host Bayern

The Audi Cup also

RECIPE Grilled Corn Coated with Creamy Dill Sauce and Feta Cheese



Rose Reisman rosereisman.com

If you want a real twist on grilled or steamed corn, try adding this delicious light and creamy sauce. Serves 6

Ready in

Prep time: 10 minutes Cook time: 10 minutes

Ingredients

- · 6 ears of corn, husks removed
- 3 Tbsp light mayonnaise
- 3 Tbsp light sour cream
- 2 Tbsp chopped dill • 1 Tbsp lemon juice
- Salt and pepper
- 1 oz crumbled feta cheese
- Dash of red chili flakes or chipotle chili powder

Directions

- 1. Grill corn for about eight to 10 minutes, just until barely tender.
- 2. On a large plate, combine mayonnaise, sour cream, dill, lemon juice and salt and pepper.
- 3. Roll corn into mixture coating well. Sprinkle with feta cheese and red chili flakes.

Nutrition per serving

- Calories 180
- Protein 6 g
- · Carbohydrates 29 g
- Fibre 7 g
- Total fat 4.5 g
- · Saturated fat 2 g
- · Cholesterol 5 mg
- · Sodium 130 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

1. Move effortlessly across the dance floor 6. Earl Grev stirrers, e.g. 10. Aussie footwear 14. Bathroom cleanser 15. Shar-_ (Some doas) 16. Movie part 17. Canadian musician/ producer whose credits include being the bandleader on "Open Mike with Mike Bullard" and "Canadian Idol": 2 wds 19. Men's coloane brand 20. Mexico currency 21. Golf tap 22. Mine passage 23. Elvis record label 25. Best, __-rated 27. Zippo 28. Dusk, to Donne 31 Toothbrush brand. -B 33. Citrus fruit 35. Thundery event 37. Coffee machine. when the brewing is done 39. "The _ _ " (1993 Kiefer Sutherland swashbuckler) 44. Beard style 45. More shipshape 46. Like surveillance footage at times 49. Hurried office memo letters

51. Friend, in France

52. Units in a gym

53. Fireplace

22 27 24 32 40 53 57 68 72

residue 55. Born, in wedding announcements 57. Dismounted 58. Tightly stretched 60. Quote 64. Wedding cake level 65. 1984 hit for Can-

nickname, The_ adian band Honey moon Suite: 3 wds. 67. Past person mal of Peru

68. Sacred looped cross 69. Rushing 70. At no time,

71. Bruce Springsteen's

72. Aquatic mam-

DOWN

1 Lump of food 2. Ancient harp Ancient Egyptian goddess 4. Giver

5. Lilly and Company 6. "Heart and Soul" '80s group 7. NFL team for Canadian tight end Luke Willson: 2 wds. 8. Prefix to 'graph' (Cave drawing, for instance)

9. Angry cat's noise 10. City/downtown: 2 wds 11. 1992 Barenaked Ladies album 12. Using the paste 13. Glam furniture piece 18. Tussle 24 "Who do you think you're kidding?": 2 wds. 26. Vatican guy 28. Founded [abbr.] 29. Shakespearean suffix 30. Swed. neigh-32. Adjoin 34. Enter again, using a computer keyboard 36. Official records keeper 38. Laboriously makes a living 40. Poet Ms. Angelou 41. Prohibition 42. "Losing My Religion" b.a.n.d. 43. Mister, in India 46. Au _ (Way to serve scalloped potatoes) 47. Provide the coat with a new interior, say 48. For each one 50. Against 54. Secretarial skill, shortened 56. Acclaim 59. "lcky-poo!" equivalents 61. Research facil. 62 Carry 63. Washstand container 65. Apprehend 66. P. to Socrates

☀ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Negative feelings will be swept away both at home and at work and life will be fun again. It will be even more fun if you help those who are feeling down learn to smile again.

Taurus April 21 - May 21 If you made an error recently then now is the time to stand up and admit it. Loved ones won't think any the less of you, in fact they will be impressed by your courage.

Gemini May 22 - June 21 Don't worry if you have been unable to get through to loved ones because today's Venus-Jupiter union will make words redundant. They will see by the look in your eyes that your feelings for them have grown.

Cancer June 22 - July 23 There are things you have been unable to do of late but they will now come easy to you. In fact, there is nothing you cannot accomplish if you want it enough. Just don't waste time chasing what you don't need.

Leo July 24 - Aug. 23 Your confidence will improve, especially in one-to-one relationships. All the doubts, fears and anxieties of the past will be swept away by what takes place over the next few days.

Virgo Aug. 24 - Sept. 23 Take stock of where you have been and where you intend to go in the very near future. Don't worry that you cannot make things happen immediately. There is no need to rush. **Libra** Sept. 24 - Oct. 23 You are more likely to reach the top of your chosen profession if you are prepared to work as part of a team rather than try to do everything yourself. Share the workload today.

Scorpio Oct. 24 - Nov. 22 No one can get the better of you now, you are just too sharp. On the work front especially, your star is on the rise and people in positions of authority are watching you closely.

Sagittarius Nov. 23 - Dec. 21 No matter what certain people may be telling you there is every chance that you will taste success over the next few days. But it's only a chance, it's not guaranteed. Get up and out and make things happen.

Capricorn Dec. 22 - Jan. 20 Something that has been worrying you will finally be resolved today and the sense of relief will last throughout the week. Now, why not go out and try something different?

Aquarius Jan. 21 - Feb. 19 No matter how many upheavals there have been lately, what happens today will put everything in perspective. You have precious little to worry about.

Pisces

Feb. 20 - March 20 Get things done. Even if you prefer to leave the nuts and bolts to other people you will actually enjoy taking care of details today. Just don't lose sight of the bigger picture.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

